

# 2018

## COMMUNITY IMPACT REPORT

HONORING THE RICH LEGACY  
AND ENDURING MISSION OF THE  
SISTERS OF THE HOLY CROSS



# *What's Inside*





## Mount Carmel Foundation 2018 Community Impact Report



Dear Friends,

We are very grateful for you and your generosity in helping Mount Carmel Foundation further the Mission, Vision and Core Values of our healthcare ministry. It is because of the difference you make that our physicians, nurses and colleagues are able to provide exceptional healthcare for those who face insurmountable life and health obstacles every day.

Because of YOU, in fiscal year 2018, \$22 million was allocated and approved to spend on targeted programs and capital projects. \$6.4 million was invested by the Foundation in 2018 to support more than 150 programs that change people's lives in significant ways. The difference you make every day impacts patients through your support of the Hospice and Palliative Care Fund, nursing students when you contribute to scholarships, and new mothers with contributions to the Welcome Home Fund. Your donations help us help the most vulnerable with community-based programs like Street Medicine and the Mobile Coach. These programs transform lives by healing mind, body and spirit. And, as you'll see inside, these are just a few of the lives you affect in a positive way on a daily basis.

We are very excited about the new hospital, Mount Carmel Grove City, which will soon be serving all of central Ohio, but in particular those in that rapidly growing geographic region. Please know that at our downtown campus we remain committed to serving the people of Franklinton — where the Sisters of the Holy Cross first came to Columbus in 1886 to manage the then-new hospital. Mount Carmel is investing more than \$46 million in campus enhancements that will benefit not only Mount Carmel College of Nursing, which continues to see record enrollment, but also the Franklinton community through a freestanding emergency department, as well as outpatient health and wellness and outreach services.

We also hope you will enjoy reading the story of one grateful patient, former Columbus Mayor Michael J. Coleman, and how he credits Mount Carmel East with saving his life. And we know you'll delight in reading the history and impact of the Sisters of the Holy Cross, who answered the call to serve Christ, Mount Carmel and people in need all over the world.

Finally, we are blessed to have Edward Lamb, FACHE, continue to lead Mount Carmel Health System as President and CEO. Columbus Business First recently recognized Ed with one of its C-Suite Awards, which recognize the region's most-admired and accomplished business leaders. His leadership and dedication to Mount Carmel's Mission has enriched our presence in central Ohio and beyond.

It is with heartfelt thanks that we express our gratitude — on behalf of our patients, their families, our colleagues and our physician partners — for your generosity and the important role you play in allowing the mission of Mount Carmel to manifest in the lives of those we serve.

With Gratitude,

A handwritten signature in black ink, reading "David Montgomery".

David Montgomery  
Board of Trustees Chair  
Mount Carmel Foundation

A handwritten signature in black ink, reading "Deanna Stewart".

Deanna Stewart  
President  
Mount Carmel Foundation

# 2018 Community Impact

Being a compassionate and transforming healing presence within our communities is Mount Carmel's Mission. The Mount Carmel Foundation plays a crucial role in fulfilling that Mission by helping to fund and support programs that make the lives of our patients, colleagues and the most vulnerable members of our community a little easier.

In 2018 we used the strategies laid out in the Mount Carmel Strategic Plan to guide our investments. They included improving ease of access to Mount Carmel services, advancing innovative care, investing in the development of our people, partnerships and relationships, and expanding our impact. We're proud to report we've done just that. With the more than \$22.4 million entrusted to us by our generous donors, we funded more than 150 programs and services that impacted the lives of more than 100,000 people this year — people like these:



**228 students** received \$568,000 in scholarships to attend the Mount Carmel College of Nursing.  
*Featured are Dr. Craig Anderson with students at scholarship dinner.*

## 200

vulnerable immigrant families received prescription kits, diabetic supplies and gift cards.

## 300

crime and trauma victims received critical therapy sessions at no cost to them.

## \$71,000

was awarded to Prescription Ease program & Project DAWN (deaths avoided by naloxene).





**\$13,000** was awarded to support African American & Hispanic individuals at risk for type 2 diabetes who receive care through our collaboration with the YMCA.

**500**

Mount Carmel colleagues were able to take part in continuing education programs.

**250**

victims of sexual or intentional violence were served by Mount Carmel forensic nurses with new ER tools.

**\$1 MILLION**

was funded by the Foundation to launch the Transforming Healthcare for YOU Capital Campaign Trustee Challenge Match.



**100% of babies** whose mothers received weekly infant care education through the Moms2B program reached their first birthday.



**9,000 colleagues** and their families enjoyed a special holiday event at the Columbus Zoo's Wildlights exhibit.

# Mount Carmel Connection A Personal One For Former Columbus Mayor

In October 2017, on a crisp autumn day with the OSU Buckeyes preparing to take on Penn State, Janelle Coleman put her foot down hard, insisting her husband — former Columbus Mayor Michael B. Coleman — finally capitulate to her insistence he seek medical attention.

“I’d been dealing with back pain all week, thinking I’d pulled a muscle,” Coleman recalls. Progressively worsening, that Saturday morning the pain was severe and he began struggling to get his breath.

“At that point, Janelle took over, throwing me into the car and taking me to Mount Carmel East’s Emergency Department,” he recalls. Coleman acknowledges it was “fortuitous” they came to Mount Carmel, because he was diagnosed with pulmonary embolism — a blood clot in his lungs — and received a life-saving procedure, embolectomy, which had been perfected at Mount Carmel.

Vijay Reddy, MD, FCCP, FAASM, who is a Pulmonary and Sleep specialist with extensive experience, performed the procedure within hours of Coleman’s admission to ICU.

“I was supposed to have flown to Denver the next morning and likely would not have survived the flight. I’m very grateful to Dr. Reddy, as well as to Mount Carmel, not only for the expertise and efficiency, but also for making sure I never felt stripped of my dignity during or after the ordeal,” he adds.

Although the former politician has lived a vigorous and healthy life, Coleman is no stranger to hospitals. His father, John H. Coleman, MD, practiced family medicine in Toledo, where Coleman was raised, and he recalls spending time as a boy, waiting for his father to finish his rounds.

“I have a great respect for physicians, nurses and other healthcare workers,” he notes, “It can’t be easy dealing with people who are suffering. I remember my dad was highly respected as a thorough diagnostician with a special way of





letting his patients know he cared about them as people, too. I definitely got a taste of that at Mount Carmel over my four-day stay," he says.

Coleman notes that — starting the moment his wife brought him into the ED — he felt cared for and cared about — from the chaplain who expressed concern for his and Janelle's feelings, to CEO Ed Lamb who visited once he was on the mend, and of course to all the nurses and techs who assisted Dr. Reddy and other physicians in his care.

"It was obvious to me that each person cared about me — not just because of my relationship to the city or to Mount Carmel — but cared about me — as well as for me — as a whole person. I think that aided in my recovery nearly as much as the life-saving expertise at every turn," he adds.

This visit was not his first interaction with Mount Carmel. In his leadership and city-planning role as mayor of the state capital, he oversaw community development activities of the health system and had extensive interaction on a number of issues.

"I've always admired the core values of Mount Carmel and, of course, the Sisters of the Holy Cross. The health system and the Sisters' values resonate with me because I also ascribe to being accountable, fully present in any situation, and honoring the sacred value of every individual," he asserts.

*"I've always admired the core values of Mount Carmel and, of course, the Sisters of the Holy Cross."*

Michael B. Coleman, Esquire, is a partner of Ice Miller, LLP (formerly Schottenstein, Zox and Dunn), and director of business and government strategies in the firm's Arena District office.

Born and raised in Toledo, Ohio, Coleman is the first African-American elected as Mayor of Columbus, Ohio. He was elected in 1999, was re-elected in 2003, 2007 and 2011 for an unprecedented total of four terms. At 16-years in office, he is the longest-serving mayor of the capital city.

Prior to that, he was elected to Columbus City Council in 1992, of which he served as president from 1997 to 1999. He was also a partner at Schottenstein, Zox and Dunn. He holds a bachelor's degree from the University of Cincinnati and earned his Juris Doctor (JD) from the University of Dayton School of Law.

In February 2018, the Michael B. Coleman Government Center, located at 111 North Front Street, was dedicated in his honor.



*Michael B. Coleman, the City of Columbus' longest-serving mayor.  
Photo Credit: Shellee Fisher*



*Photo Credit:  
Shellee Fisher*



# Holy Cross Legacy Anchors, Guides Mount Carmel

The great American essayist Ralph Waldo Emerson once wrote that every man is a quotation from all his ancestors. What he likely meant was that each of us is a part of something that came before. That we are living legacies.

Being a mindful part of a legacy means not just acknowledging the past, but striving to understand it and carry it forward. For Mount Carmel, that begins with an understanding of, and deep appreciation for, the Congregation of the Sisters of the Holy Cross.

The order's constitution obligates its sisters to "respond to the Gospel demand to love our neighbor by accepting the challenge of the Church to give preference to works which alleviate conditions of poverty and oppression, involve us directly with the poor and modify unjust structures."

In 1843, four Sisters travelled from Le Mans, France to Indiana to help Holy Cross priests and brothers who were establishing a school for boys that would evolve into the University of Notre Dame.

More Sisters followed, with most taking up ministries in education. They taught in Indiana schools, orphanages, and rural and urban neighborhoods. By 1861, they were teaching in schools and orphanages in seven states and Washington, D.C.

As the Civil War raged, the Sisters of the Holy Cross responded to pleas for nurses. They staffed military hospitals in Kentucky, Missouri, Tennessee and Washington, D.C. They nursed the sick and wounded, Confederate and Union alike. They became the first nurses employed by the United States Navy.

After the war, the Sisters expanded their missions across the United States, serving not only in education and healthcare roles but also in meeting the myriad needs of the elderly, handicapped and poor — from teeming cities to rural mining camps.

The Sisters of the Holy Cross also expanded overseas, establishing missions in Bangladesh, Brazil, Ghana, India, Mexico, Peru and Uganda.

In 1885, Doctors W.B. Hawkes and John W. Hamilton needed nurses and administrators for a hospital they hoped to open in the Franklinton neighborhood of Columbus to serve the area's rapidly expanding healthcare needs.

*Today, Mount Carmel is the second-largest health system in central Ohio and has grown to four hospitals, 65 primary and specialty locations and a College of Nursing with 1,100 students. Mount Carmel's commitment to the poor and underserved remains strong. Thanks to generous donor support, the Mount Carmel Foundation provides daily education, wellness, and social and support services to strengthen our community, impacting more than 100,000 lives this year alone.*



The city was booming, heading toward an 1890 census population of 88,150. The National Road, the nation's first federal highway, incorporated West Broad Street and delivered immigrants to the neighborhood by the day.

The Sisters of the Holy Cross responded to the call, with Mother M. Angela and Sister M. Rufina Dunn leading the effort to turn a four-story, red brick building into a hospital with two wards, 18 rooms, an operating room and an amphitheater — the Hawkes Hospital of Mount Carmel. The hospital opened in July 1886.

Sister M. Lydia, the hospital's first administrator, let it be known that all people, regardless of their ability to pay, would be provided the best healthcare the sisters could deliver.

Sisters of the Holy Cross made the rounds, provided the care, prepared the food and performed nearly every task necessary — often over 12-hour workdays. Decades later, Sister M. Josina, who worked at Mount Carmel for a half-century, was recognized by The Catholic Times upon her retirement in 1976. Her reaction — typical for those of her order: She simply did what her faith required.

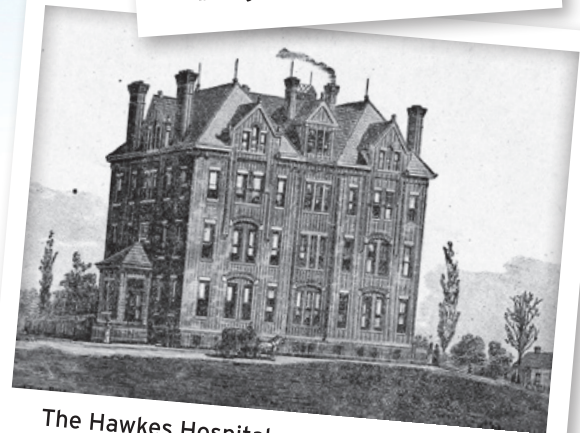
To ensure a steady supply of nurses near the hospital, the Sisters of the Holy Cross founded a nursing school in 1903. The first graduates received diplomas in 1906. The graduates included eight of the Sisters. The nursing school steadily grew and earned distinctions. In 1941, it was one of the few nursing schools in the nation to receive accreditation. In the modern era, the Mount Carmel College of Nursing has continued to build on the solid foundation bestowed by the Sisters.

Over the last several decades, the ranks of Sisters thinned dramatically as healthcare and nursing education became ever larger, more complex and financially challenging businesses.

The economic and social environments have changed, and dramatically so, bringing new pressures and compounding old ones. But the Gospel-centered call and the faith-based mission remain. The legacy of the Sisters of the Holy Cross continually challenges us to find a way, to never stop working to serve those most in need.



Mother M. Angela helped bring Mount Carmel to life.



The Hawkes Hospital opened in July 1886 and featured two wards, 18 rooms, an operating room and an amphitheater.



Sisters of the Holy Cross.



The Sisters of the Holy Cross founded a nursing school in 1903. Today, the Mount Carmel College of Nursing continues to build on the solid foundation bestowed by the Sisters.



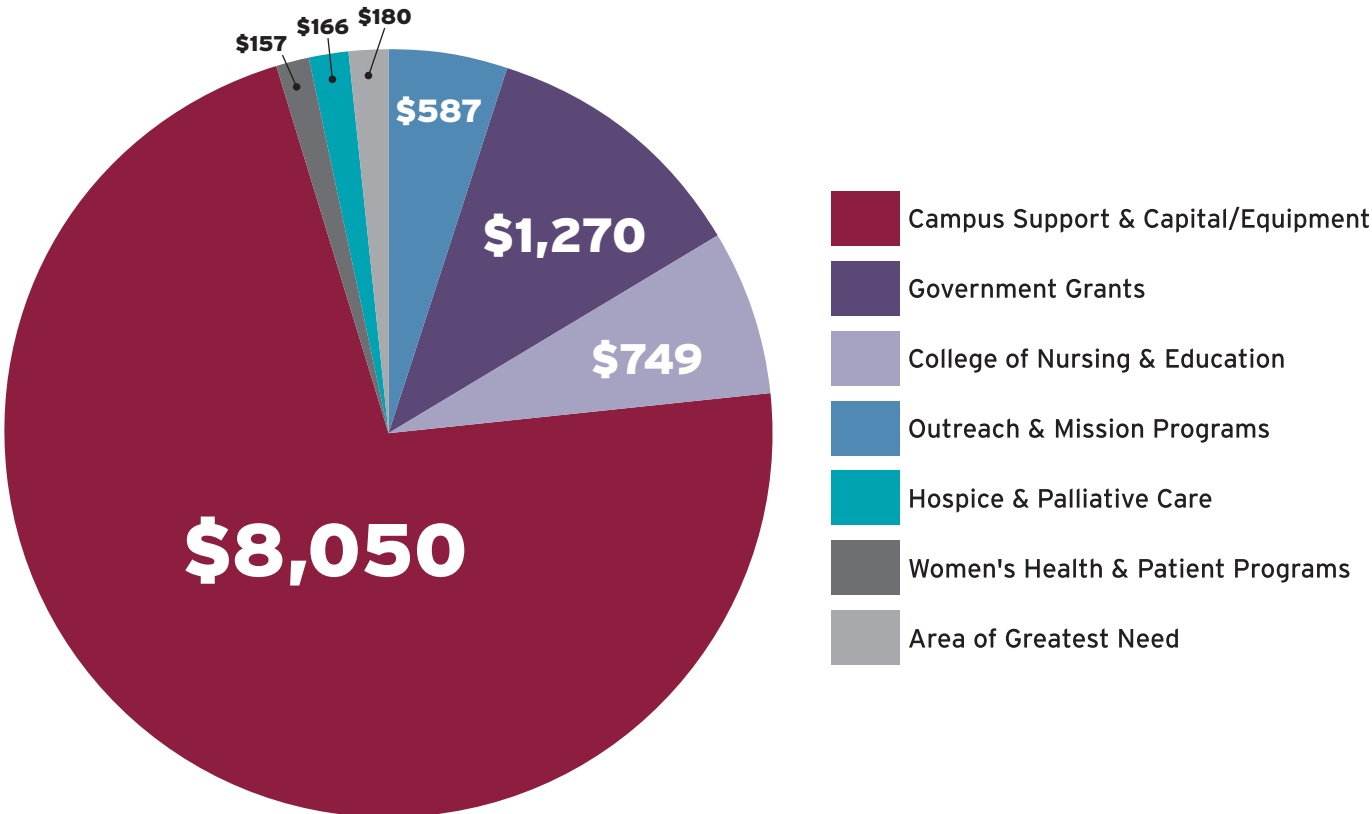


# Financial Highlights

FISCAL YEAR ENDED JUNE 30, 2018 *\*unaudited*

The generous support of our donors has never before been more needed or appreciated. Thank you for helping us heal body, mind and spirit in the communities we serve.

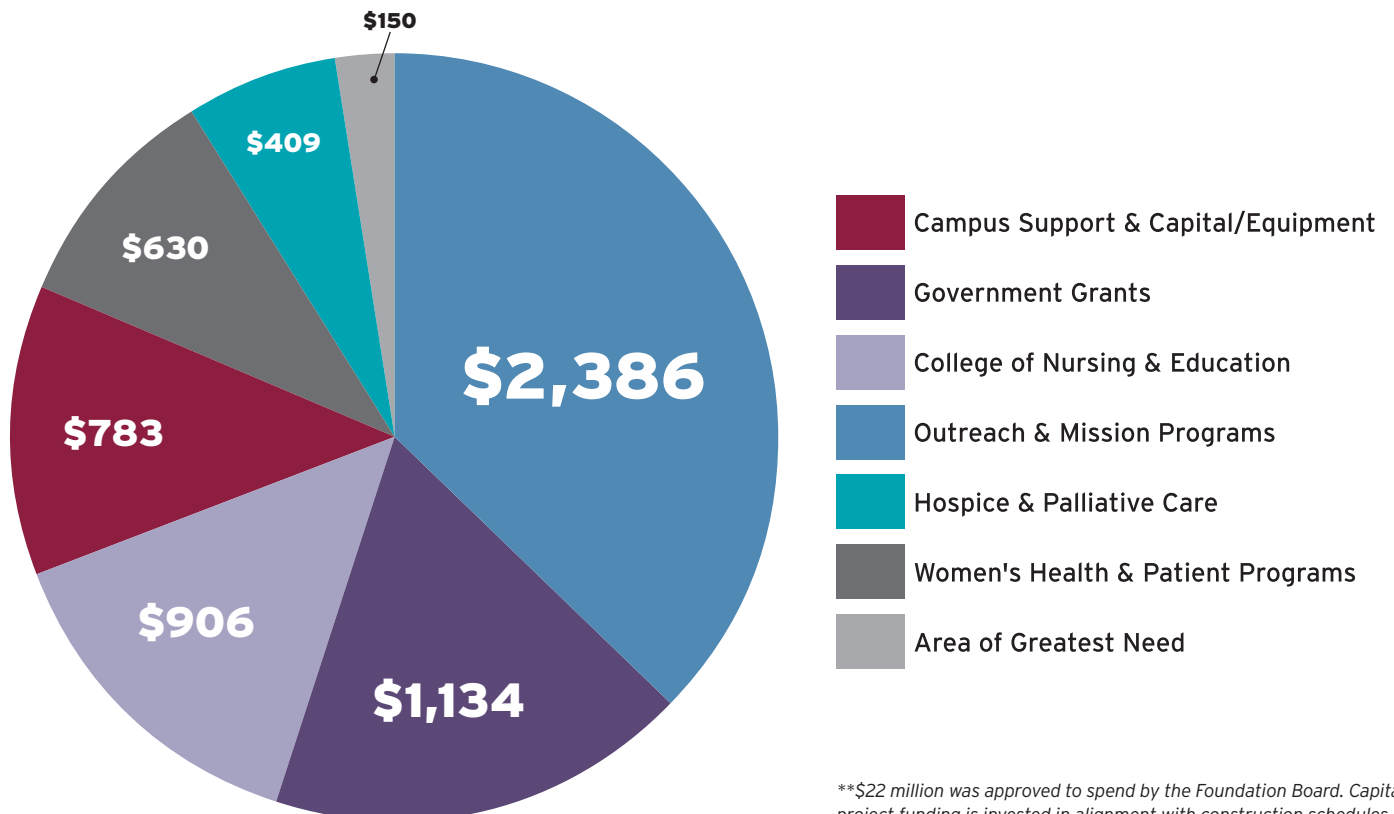
## FY2018 Contributions & Government Grant Revenue \$11,160 (in thousands)







## FY2018 Charitable & Government Grant Expenditures \$6,398 (in thousands)



\*\*\$22 million was approved to spend by the Foundation Board. Capital project funding is invested in alignment with construction schedules.



# MOUNT CARMEL Foundation

Mount Carmel Health  
6150 E. Broad Street  
Columbus, OH 43213

[Mailing Label]

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*We serve together in the spirit of the Gospel as a transformative and healing presence within our communities.*